The RCPV Project and the Non Violent Resistance Response to Child to Parent Violence; Highlights.



Declan Coogan, Lecturer, NUI Galway Lead, & Eileen Lauster, Research Assistant, RCPV Project, UNESCO Child and Family Research Centre, National University of Ireland, Galway



COPE Galvery

Let's help together

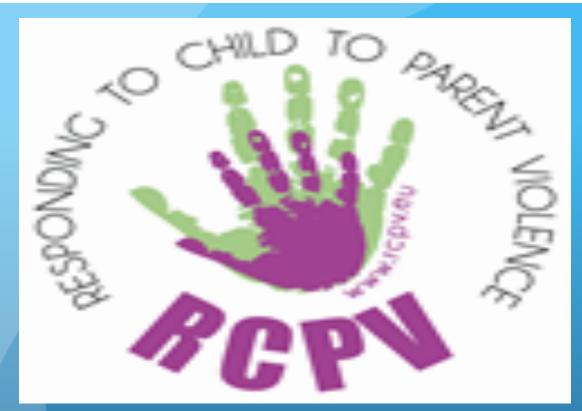


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OÉ Gaillimh NUI Galway





Child to Parent Violence - European Perspectives Conference. Brighton, 28 & 29th January 2015.



Child to Parent Violence....

We have been able to define a problem, create a space for practitioners to build on their existing skills, co-create research findings and stimulate creativity among practitioners and parents/ carers.





What is the Non Violent Resistance Programme?

The Key Features of the Non Violent Resistance Programme.

- Parent Commitment.
- Breaking the escalation cycle ending behaviour patterns & pressing the pause button.
- Stepping out of secrecy - the supporter network.
- Increasing parental presence.
- Externalising the behaviour.

- Announcement of commitment to Non Violence Resistance.
- Strategies of non violent resistance & protest - refusal of orders, service strike, protest sit in
- Reconciliation Steps developing more positive relationship patterns.

Useful images/ metaphors in the Non Violent Resistance Programme.

- Attachment: emphasis on increased parental presence and involvement creates a sense of a secure base and safe harbour for the child.
- Non Violent Resistance persistence; strength as an <u>anchor</u>.

RCPV Research in Ireland (Wilcox et al 2015)

- 145 practitioners attended the 2 day training in Ireland, 110 completed the research questionnaires.
 - The training programmes in Non Violent Resistance developed and implemented by the RCPV project
 - increased practitioner awareness and understanding of child to parent violence;
 - increased practitioner self-efficacy;
 - provided practitioners with the relevant skills to work with parents and children when child to parent violence takes place;

RCPV Research in Ireland (Wilcox et al 2015)

- The RCPV Self Efficacy Questionnaires are statistically reliable measurements/ tools that can be used in future training & research;
- Requests for RCPV training exceeded the resources of the project to provide the training within the lifespan of the project.
- 10 practitioners interviewed about their experiences of CPV, of the NVR training programme and its relevance to their practice.
- Self-Efficacy Questionnaires (pre/post training) adopted & validated & interview schedule adopted by the RCPV partnership.

Unexpected impact of RCPV in Ireland

- Great public and professional interest across a range of disciplines in the topic of CPV:
 - Support from colleagues in academia and practice;
 - Requests for interviews in print, radio and television media;
 - Popularity of the Child to Parent Violence -Innovations in Policy, Practice & Research Conference, NUI Galway 12-13 June 2014;
 - Demand for training greater than resources;

Unexpected impact of RCPV in Ireland

- Local initiatives emerged to embed NVR into practice with families including:
 - Le Cheile NVR Parents Groups in Limerick,
 - the Power2Change Children and Parents Programme in Galway &
 - the Parentline NVR National Telephone Service Intervention in Dublin,
 - Emergence of regional interest/ steering groups.

And next?

- Continue to raise awareness:
 - First steps recognise it's existence
 - Develop & publicise training and practice responses tailored to child to parent violence.
- Highlight the hugely negative impact CPV has on human rights and on family relationships.
- Seek new & continuing partnerships with practitioners, researchers & academics to further research CPV, especially the voice of parents and children



Thank you.

Comments/ Questions.

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